



Rev. Damon P. Williams, Ph.D.

Senior Pastor

*"You are accepted. You are forgiven. You are loved."*

## Lenten Guide 2025

**Theme:** *Unity in Christ, Strength in Community*

This guide emphasizes how we can strengthen our relationship with Christ and foster deeper unity within our communities during Lent.

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Week 1: Ash Wednesday & Beginning the Journey in Unity

Ash Wednesday - March 5, 2025

- Reading: Joel 2:12-18
- Reflection Question: What does it mean to return to God as a united community this Lent?

Thursday - March 6

- Reading: 1 Corinthians 12:12-14 (One body, many members)
- Reflection Question: How do you see your gifts contributing to the larger body of Christ?

Friday - March 7

- Reading: Psalm 133:1-3 (The blessing of unity)
- Reflection Question: When have you experienced unity within a community, and how did it bless you?

Saturday - March 8

- Reading: Ephesians 4:1-6 (Unity of the Spirit through peace)
  - Reflection Question: What actions can you take this week to be a peacemaker in your relationships?
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Week 2: Walking Together in Love

Monday - March 10

- Reading: John 13:34-35 (A new commandment: love one another)
- Reflection Question: How can you reflect Christ's love more intentionally within your community?

Tuesday - March 11

- Reading: 1 John 4:19-21 (Love as proof of faith)
- Reflection Question: What relationships in your life need more love, grace, or forgiveness?

Wednesday - March 12

- Reading: Colossians 3:12-15 (Clothe yourselves with love and peace)
- Reflection Question: How can you embody kindness, humility, and patience this week?

Thursday - March 13

- Reading: Galatians 6:1-2 (Carrying each other's burdens)
- Reflection Question: How can you be a source of strength for someone in need this week?



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Friday - March 14

- Reading: Romans 12:9-13 (Love must be sincere)
- Reflection Question: What practical acts of love and service can you commit to during Lent?

Saturday - March 15

- Reading: Matthew 5:23-24 (Reconciliation before worship)
- Reflection Question: Who do you need to reconcile with to restore peace in your heart?

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Week 3: Strengthening Each Other in Faith

Monday - March 17

- Reading: Ecclesiastes 4:9-12 (Two are better than one)
- Reflection Question: How has someone supported you in a difficult time? How can you support someone now?

Tuesday - March 18

- Reading: Acts 2:42-47 (The early church in fellowship)
- Reflection Question: What can you learn from the early church's example of shared resources and unity?

Wednesday - March 19

- Reading: Matthew 18:19-20 (Where two or more are gathered)
- Reflection Question: How can you invite others into prayer or fellowship during Lent?

Thursday - March 20

- Reading: Hebrews 10:24-25 (Encourage one another)
- Reflection Question: Who in your community can you encourage through prayer or a kind gesture this week?

Friday - March 21

- Reading: Philippians 2:1-5 (Unity through humility)
- Reflection Question: What would it mean to humble yourself for the sake of unity?

Saturday - March 22

- Reading: 1 Corinthians 1:10-13 (No divisions among you)
- Reflection Question: How can you help heal divisions or conflict within your family, church, or community?



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#### Week 4: Christ, the Source of Our Unity

Monday - March 24

- Reading: John 15:1-8 (Abide in the Vine)
- Reflection Question: How does staying connected to Christ help you foster better relationships with others?

Tuesday - March 25

- Reading: Ephesians 2:13-22 (Christ as our peace)
- Reflection Question: How can you embody Christ's peace in situations of conflict?

Wednesday - March 26

- Reading: Colossians 1:15-20 (Christ at the center)
- Reflection Question: What steps can you take to keep Christ at the center of your daily life?

Thursday - March 27

- Reading: Romans 8:38-39 (Nothing can separate us from God's love)
- Reflection Question: How does knowing God's love sustain you through difficulties in community life?

Friday - March 28

- Reading: John 17:20-23 (Jesus' prayer for unity)
- Reflection Question: How can you actively contribute to the fulfillment of Jesus' prayer for unity within the church?

Saturday - March 29

- Reading: 2 Corinthians 13:11 (Be of one mind, live in peace)
- Reflection Question: What personal changes can you make to foster peace with others?

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#### Week 5: Bearing Fruit as a Unified Body

Monday - March 31

- Reading: Galatians 5:22-25 (Fruit of the Spirit)
- Reflection Question: Which fruits of the Spirit do you need to cultivate more intentionally during Lent?

Tuesday - April 1

- Reading: John 15:12-17 (Love and bearing fruit)
- Reflection Question: How does showing love to others help you bear spiritual fruit?

Wednesday - April 2

- Reading: James 3:17-18 (Wisdom and peace)
- Reflection Question: How can you bring peace and godly wisdom into your interactions with others?



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Thursday - April 3

- Reading: Isaiah 58:6-11 (Fruit through justice and compassion)
- Reflection Question: What acts of justice or mercy can you engage in as a form of worship?

Friday - April 4

- Reading: John 4:34-38 (The harvest is ready)
- Reflection Question: How can you sow seeds of unity and love that will bear long-lasting fruit?

Saturday - April 5

- Reading: 1 Peter 4:8-10 (Serve one another with your gifts)
- Reflection Question: How can you use your God-given gifts to strengthen your community?

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Week 6: Preparing for Resurrection—A Community Restored

Monday - April 7

- Reading: Philippians 3:10-14 (Sharing in Christ's suffering and resurrection)
- Reflection Question: How does your personal renewal impact the renewal of the community around you?

Tuesday - April 8

- Reading: 2 Corinthians 5:16-21 (Ministry of reconciliation)
- Reflection Question: What role does reconciliation play in your faith and relationships?

Wednesday - April 9

- Reading: Zechariah 9:9-10 (The King of peace)
- Reflection Question: How can you allow Christ's peace to guide your decisions and relationships?

Thursday - April 10

- Reading: Ephesians 2:19-22 (Built together as a dwelling place for God)
- Reflection Question: How can you help foster unity in your church, knowing that you are all part of the same spiritual household?

Friday - April 11

- Reading: 1 Corinthians 12:25-27 (Caring for one another in the body of Christ)
- Reflection Question: In what ways can you better show care, compassion, or understanding to other members of your community?

Saturday - April 12

- Reading: Colossians 3:14-17 (Love binds everything together in perfect unity)
  - Reflection Question: How does letting Christ's peace rule in your heart help you bring harmony to your relationships and community?
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Monday - April 14

- Reading: Matthew 21:12-17 (Jesus cleanses the temple)
- Reflection Question: What "clutter" or distractions do you need to clear out of your life to make space for worship and spiritual growth?

Tuesday - April 15

- Reading: Matthew 26:6-13 (The woman anoints Jesus)
- Reflection Question: How can you demonstrate extravagant love and devotion to Christ in your daily life?

Wednesday - April 16

- Reading: Matthew 26:14-25 (Judas agrees to betray Jesus)
- Reflection Question: Are there moments in your life where you have compromised your faith or relationships for personal gain? How can you seek forgiveness and reconciliation?

Thursday - April 17 (Holy Thursday)

- Reading: Luke 22:14-20 (The Last Supper)
- Reflection Question: How can you carry the spirit of communion and unity beyond the church into your everyday relationships?

Friday - April 18 (Good Friday)

- Reading: Isaiah 53:3-7 (The suffering servant)
- Reflection Question: How does Christ's suffering and sacrifice challenge or inspire the way you live your life today?

Saturday - April 19 (Holy Saturday)

- Reading: Romans 6:3-11 (Buried with Christ, raised to new life)
- Reflection Question: What old habits, sins, or burdens do you need to leave behind in order to walk fully in the new life Christ offers through His resurrection?

This guide encourages deep reflection on the power of community, unity, and love as we walk through the Lenten season toward resurrection and renewal.